

# THROUGH THE HEART 2018 ANNUAL REPORT

Our mission is to educate & support anyone who is experiencing a pregnancy loss either directly or indirectly

## COMFORT KITS

### New milestone reached

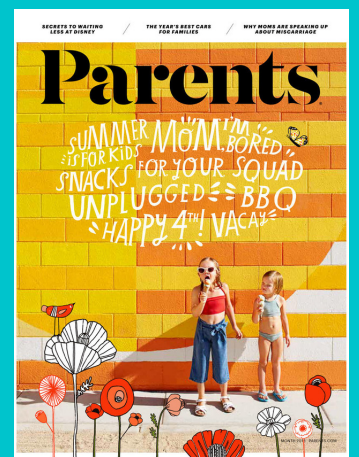
In November 2018, five years after the Comfort Kit program began, we reached 2,000 kits sent! We also expanded the program, adding follow-up mailings at 3 months post-loss and on the one year anniversary.



## IN THE MEDIA

### National attention in Parents magazine

TTH appeared in the July 2018 issue in a story about miscarriage, offering advice on what not to say to someone after a loss



## EDUCATIONAL OUTREACH

### A multi-faceted approach

TTH continued to educate about pregnancy loss using multiple channels such as postcard distribution to partners nationwide, sharing stories on our website & blog, giving in-person presentations, and participating in PAIL events including the Wave of Light



## FINANCIALS

### Income

Our income for 2018 was \$26,181  
66% was from donations - thank you!

### Expenses

Our expenses for 2018 were \$24,082



[www.throughtheheart.org](http://www.throughtheheart.org)

# BOARD OF DIRECTORS

Dr. Karen Kelly, President (2013-present)

Sean Kelly, Vice President & Treasurer (2013-present)

Donnie Bielak, Secretary (2013-present)

Erin Eastmead, Director (2015-present)

Kristen Kessinger, Director (2017-present)

Joanna Zumhagen, Director (2015-2018)

## THANK YOU TO OUR 2018 DONORS!

Kurt Globerger	Joshua Turnier
Sam Mauro	Reese Daniel
Vanessa Brown	Elie Gluck
Sarah Schickel	Jakub Skowronski
LuLaRoe Karen Kelly	Rich Adams
Shannon Gallagher	Greg Tivadar
Elizabeth Baugus	Jeremy Story
LuLaRoe	Bryan Bettinger
Nicole Peron	Matthew Snell
Joel Swieringa	Jesse Gleaton
Ann Rideout	Tori Otstot
Bridget Amelio	Hunter Anderson
Heidi Balas	The Rev. Deacon Patsy Abshier
Stephanie Vickmark	Cheryl Wood
Perfectly Posh Pink Pixies Team	Jamie Sanders
Alicia Buffum	Jase Kolb
Alyssa Germinario	Sharon Newell
Jessica DeGrammont	Laura Donahue
Jaclyn Kelly	Jason Farry
Kimberly Szoka	Erin Eastmead
Shonda Cheever	Sarrah Williams
Alex Shannon & Annie Mizner	Linda Chu
Google	Patina Pope
Rachael Gerber	Kathy & Ralph Wesa
Donnie & Natalie Bielak	Heather Skogen
PJM Interconnection	Danielle Clark
AmazonSmile	Laura Anderson
Nicole Emery	Vicki Herschberger
Ellen Winston	Gina Beckers
Don & Joan Bielak	Linda Mix
Mariko McCrary	Daniella Cortese
Susan Vaughn	Hela Medical Spa
PayPal Giving Fund	Joanna Zumhagen
Elizabeth Wallis	Luray Caverns
Kristina Smith	Anna Brown
Izabella Stocchero	Elizabeth Morrill
Kimberly Brown	Melanie Marinello
Stacey Motz	Nicole Peron
Victoria Hale	Children's Museum of Richmond
Jamie Radebach	Heather Lavender
Nicole Meyer	Washington Wizards
Phyllis Chesley	Boomerang Boat Tours
Richard Lalonde	Cooper's Hawk Winery
Kimberly Brown	Jessica Mondillo
Derrick Stacy	Dangerously Delicious Pies
Gregg Barcelow	Hilton Philadelphia at Penn's Landing
Daniel Williams	Georgetown Suites
Kevin Stafford	Wanda Chamberlin
Sandra Ouellette	Ralph Ramos
Katie Kasowitz	Founding Farmers
John Finley	USS Midway Museum

# THANK YOU TO OUR 2018 DONORS!

Sprinkles  
Ashlee Lippincott  
Tyler Kline  
International Spy Museum  
Marchelle Llewellyn  
Meatballs Etc  
Bike and Roll DC  
Bertucci's  
SoulCycle  
Kingsmill Resort  
Allison Haug  
Ritz-Carlton Pentagon City  
Flight Trampoline Park  
Sean & Karen Kelly  
Jennifer Brown  
Sharon View  
Tiffany Widmer  
Virtue Feed & Grain  
ICA Boston  
Drybar  
Denise Miller  
Paisano's  
Denver Zoo  
Science Museum of Virginia  
Carla Albrecht  
Virginia Zoo  
Potomac Riverboat Co  
Biker Barre  
WV Mountainrail Adventures  
Destinee Thomas  
Portrait Innovations  
O'Sullivan's Irish Pub  
Oriental Trading  
Bobby McKey's  
Meghan Casto  
Pure Barre DC  
Duck Donuts  
National Aviary  
City Barbeque  
San Antonio Zoo  
Lynfred Winery  
CSz Theater Chicago  
Newseum  
Frederick Keys  
Earth Treks Climbing Centers  
Megan Volkov  
Amy Anderson  
Picaboo  
Down Dog Yoga  
Drew Eastmead  
Sticks and Stones  
Tiffany Leach  
B Street Theatre  
Michelle Stuntz  
Kathryn Kappel  
Robyn Roth  
Suzie Irwin  
Kathryn Ells  
Barbara Kline  
Deborah Both  
Melanie Buchanan  
Winterthur

Bay Area Discovery Museum  
Jessica Goff  
ONEHOPE Foundation  
South Mountain Creamery  
Wintergreen Resort  
Longwood Gardens  
Elizabeth Guzman  
Costco  
Kelly Houseman  
Faithpoint United Methodist Church  
Sugar Smocks Boutique  
Hair Cattery  
Well Dressed Wolf  
Barrel Oak Winery  
Meghan Cockrell  
Kari Bundy  
Karen Lynch  
Wegmans  
Historic Ships in Baltimore  
Escape Room Live  
Urban Evolution  
Waterworks  
Strathmore  
Pinstripes  
Andrew Bauman  
Nancy Junot  
Lisa Shoniker  
Jean Jessmer  
Renee Barnard  
Jamie Grutzius  
Sherri Cambell  
Gabriel Morgan  
James Madison University Athletics  
Jessica Littlejohn  
Shedd Aquarium  
Tieks  
Pier39  
Demi & JP Sweet  
Pittsburgh Steelers  
Pitt Athletics  
Katy Carrillo  
Heinz History Center  
Alexandria Symphony Orchestra  
Lehigh Valley IronPigs  
Maria & George Walchuk  
Napa Valley Wine Train  
Snowshoe Mountain  
Moe's Southwest Grill  
Five Guys  
Tyler Artz  
Lou Malnati's  
Kristen Kessinger  
Amy Fesmire  
Katherine Esposito  
The Phoenix Symphony  
The Cheesecake Factory  
Usborne Books Jackie Thompson  
Jessica Staub  
Grand Rapids Symphony  
Adventure Aquarium  
The Comfort Cub  
Reading Fightin Phils  
Pratt Street Ale House

# THANK YOU TO OUR 2018 DONORS!

Paoli Peaks  
Michael Walsh  
Jillian Theis  
Wawa  
George Mason Athletics  
Three Year Letterman  
Baltimore Symphony Orchestra  
Turkey Hill  
Megan Haines  
Sarah Murphy  
Lauren Territola  
Carnegie Science Center  
Yolanda Bottorf  
Lola Morales  
Rosa Armstrong  
Desirae Krotzer  
Michelle Kimmel  
Donna Opfer  
Sinead Aron  
Jana Goetz  
Daniela Brannon  
Michelle Guerra  
Virginia Tech Athletics  
University of Virginia Athletics  
Natasa Sarcevic  
Vincent Sullo  
Washington Redskins  
Anna Dupont  
Georgetown Athletics  
VCU Athletics  
Yolanda King  
Laugh Factory Chicago  
Crayola Experience  
Jean Shea  
Washington Capitals  
Cheryl Horton  
AMC Theater  
Janice Mirarchi  
Washington Nationals  
Tanya Berent  
Siobhan Blazak  
Wilmington Blue Rocks  
Anna Judy de Torres  
Erica Joiner  
Barb Duckworth  
Candace Carr  
Penny Lee  
Aileen Rak-Gardiner  
Sara Nunez  
Jessica Mazza  
Ashley Shah  
Lindsay Cuddy  
Sally McClure  
Amber Kelley Mazur  
Kate Follett  
Shannon McMinimee  
Heidi King  
Monica Sturdivant  
Tessa Blumenthal  
Sierra Mansini

Three Two Three - Amanda Glaser  
Megan Smith  
Erica Atkinson  
Jonathan and Erin Batuyong  
Jessica Stamper  
Christine Dombroski  
Andi Kuenn  
Emily Myrvold  
Ryan Comstock  
Scott Glander  
Laura Campbell  
Lindsay Maielli  
Kelly Cooper  
Jillian Trawick  
Rachel Griffin  
Tara Phillips  
Julie Defina  
Yvette Boyle  
Jason Granado  
Heather Cannon  
Deborah Oetjen  
Ali Dix  
Carleigh Golightly  
Jeff & Natalie Ancich  
Andrew Shanks  
Jo Whitney  
Courtney Gordon  
Maria Zumhagen  
Jennifer Showell-Hartogs  
Amy Weltlich  
Elizabeth Hays-Najlepszy  
Zara Shick  
Sara Freer  
Shaily Dalesandro  
Nancy Lisula  
Daylin Lee  
Lisa Mull  
Kristan Lewis  
Stacy Sweeney  
Hannah White  
Melissa Phillips  
Steve Cramer  
Christa Workmon  
Daniel Terk  
Zane & Kayla Fikany  
ISACA  
Lynn Kirby  
Jennifer Walsh  
Bette Alkazian  
Gina Fata Coaching  
Katelyn Kraft  
Basha Beach  
Katie Proudfoot  
Cheryl Vella  
Nathan Harvey  
Amy & Vince Baus  
Erica Azzara  
Heather Brocklehurst  
Gloria Abney  
Camille Nelson

